# **Schedule of Events**

# Tuesday, September 14

11:00-11:30 AM

Check-in

Blue World Headquarters, Cheyenne

11:30 AM-12:00 PM

**Lunch Served** 

12:00 PM

Welcome and Opening Remarks, Kate Hayes

#### 12:15 PM

#### Keynote Introduction by Venue Sponsor, Stephanie Teubner

Stephanie Teubner is a successful credit union and community leader who dedicated her time and talent to the credit union movement and community she calls home, Cheyenne, Wyoming. As our Venue Sponsor, we will hear from her about the journey of leading on Blue Federal Credit Union over the past 21 years. As the largest financial institution headquartered in Wyoming, Blue serves over 100,000 members worldwide and has 18 branch locations in Wyoming and Northern Colorado.

#### 12:30 PM

#### Keynote Speaker, First Lady Jennie Gordon

In October 2019, First Lady Jennie Gordon launched Wyoming Hunger Initiative, whose mission is to end hunger in Wyoming. The Initiative works to prevent food insecurity by increasing awareness and support for the work of local anti-hunger organizations statewide. This work took on new importance with the pandemic of 2020. We will hear from the First Lady about how her work has changed, grown, and impacted lives across Wyoming. To learn more, visit **nohungerwyo.org**.

#### 1:00-1:50 PM

**Breakout Sessions (choose one)** 

#### **Building Your Financial Future**

### Hosted by Kristin Wilkerson, featuring Natalie Collins, Michele DeHoff, Adele Gardner

This conversation is meant for you if you are just starting out building your financial nest egg, building a family, and planning major purchases. The panel will discuss credit, loans, budgeting, investing and more. Bring your questions and your ideas to this dynamic team of banking women for discussion.

#### **The Power of Praise**

#### Hosted by Kate Hayes

How do you help those you lead blossom right in front of your eyes? Learning how to inspire and empower others through properly executed praise and recognition will give you the power to raise up the people around you, creating a cohesive, energetic environment.

#### 2:00-2:30 PM

#### Heroes Among Us with Mary Kay Huck and Christal Martin

#### 2:40-3:30 PM

**Breakout Sessions (choose one)** 

# **Coaching for Success**

#### Hosted by Melissa Martin

As business hire new employees and work through succession planning, effective coaching is the foundation for a collaborative partnership. Come to this session ready to engage and gain strategies to apply in your business.

#### So, You Want to be a Writer?

#### Hosted by Elizabeth Dillow, featuring Mary Billiter and Cathy Holman

We all have a story to tell! Have you ever thought about writing yours down? How about writing that great "How to" or a fiction book? Maybe a blog? In this discussion, we will hear from published writers and accomplished bloggers about their journey into this world–plus, pick their brain about what they learned along the way.

#### 3:30-4:30 PM

#### Minute Mentoring®

Connect2Women is proud to partner with Minute Mentoring® to bring you this connection activity. The award-winning Minute Mentoring® program is a fast-paced mentoring session for women leaders and rising stars. In 2009, Dana Perino co-founded Minute Mentoring® with Dee Martin and Jamie Zuieback. The idea for Minute Mentoring® was spurred by the laws of supply and demand—many young women are hungry for mentoring and many women mentors want to share their experiences, but are crunched for time. So, Minute Mentoring® makes those connections happen...in just minutes! Join Connect2Women for this exciting experience!

#### 5:00-7:00 PM

#### **Downtown Stroll**

Downtown Chevenne

Meet up with old friends or visit the shops and restaurants with new friends during the Connect2Women's Downtown Stroll! This will provide a great time to visit and network while seeing what downtown Cheyenne has to offer. Plus, take advantage of some great specials offered by vendors while you are networking with attendees. Put on in conjunction with Visit Cheyenne.

# Wednesday, September 15

8:30 AM

Breakfast on your own; check-in for September 15-only ticket holders Blue World Headquarters, Cheyenne

9:00 AM

**Opening Remarks, Kate Hayes** 

9:15-10:40 AM

**Breakout Sessions (choose one)** 

## The Life-Changing Power of Weak Ties Hosted by Elizabeth Dillow

We're all familiar with the importance of maintaining strong relationships with close friends and family, but relationships built with our "weak ties," or the casual friends, acquaintances, and even regular strangers in our lives, can be just as crucial to long-term happiness and success. Gain strategies for understanding and cultivating these weak ties in our personal lives and how they can build organizational success, as well.

Financial Resiliency Past 40 Hosted by Kristin Wilkerson

10:50 ам

**Introduction of Heroes by TBC** 

11:00-11:30 AM

Heroes Among Us with Lindsay Linton Buk

11:30 AM-12:20 PM Whole Group Session Self Defense

**Hosted by Jesse Curtis** 

There is more to self defense than body blocks and take downs! We will learn from Jesse Curtis, Wyoming Law Enforcement Academy, about not only the basics of self-defense, but also what we can do to mitigate needing to use it. This impactful whole group session will leave you ready to read your environment, assess the danger, and protect yourself better.

#### 12:20-1:00 PM

#### Lunch and Lunch Presentation, featuring Kathryn Boswell

Learn about Wyoming Game & Fish Department's Becoming an Outdoor Woman program

1:00 PM

Fireside Chat Introduction, Amy Surdam

1:15-1:45 PM

**Fireside Chat** 

# Hosted by Kristi Racines, featuring the Honorable Bridget Hill and Attorney Gay Woodhouse

Join your host Wyoming Auditor Kristi Racines for this power-packed conversation featuring Wyoming's only Female Attorneys General: Attorney Gay Woodhouse and The Honorable Bridget Hill. They will discuss their tenure leading Wyoming's primary state law enforcement agency and answer audience-submitted questions. You don't want to miss this discussion!

#### 2:00-2:45 PM

#### **Life After Cancer Group Discussion**

You, someone you know, someone in your family—we are all touched by cancer. But what do you do once your or your loved ones treatment is over? Join our diverse panel featuring a Treatment Navigator, a Survivor, a Physical Therapist, a Therapist, and Cancer Program Manager as they discuss how the journey begins once treatment is over.

3:00-3:30 PM

Heroes Among Us with Ann Redman and Neicole Molden

3:30-4:00 PM

Conference Wrap-Up, Drawings, and Farewell



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